Genetics for the People **MEDICAL INFORMATION CARD**
CARRIED BY THE PATIENT

Hypermobile EDS / HSD

My joints dislocate easily, including the jaw, and more so under sedation.

- Pad and position carefully; no arm hyperabduction; gentle BP cuffs; minimal tape (skin tears and bruises).
- Cervical and atlantoaxial instability possible: keep the neck neutral; anticipate a difficult airway; low cuff pressure.
- Local anesthetics may be partly ineffective. Ask about past block failures; allow extra time and dose within limits.
- POTS is common: give IV crystalloid before procedures and watch BP in the first hours after. Platelet function can be abnormal despite normal coags.

Diagnosed by Dr. _____ Phone _____

Sources: Wiesmann, Castori, Malfait, Wulf. Orphanet J Rare Dis 2014;9:109. Verify with the treating physician.

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Emergency contact _____

Specialist _____ Phone _____

Daily medications _____

Allergies _____

I carry epinephrine ☐ yes ☐ no Other _____

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